



The Southerlands Mountain View Dining Room

Dinner is served at 5:00 pm Monday through Saturday and
1:00 pm on Sundays and Holidays.



*The Southerlands Culinary Department is dedicated to providing
exceptional, quality food service to all residents. Please let us know how
we can enhance your dining experience .Bon Appetit!*





Starters

Side Salad

Chef's Fruit Selection

Soup Du Jour

Lighter Fare

Hamburger or Cheeseburger

Tuna, Chicken or Egg Salad Sandwich

Open Face Hot Shot
(Roast Beef or Roast Turkey)

Trio Salad
(Egg Salad, Tuna Salad, and Chicken Salad served
on a bed of greens with fresh fruit)

***Sandwiches served with choice of Chips
or French Fries unless otherwise requested.***





Entrees

Spaghetti with Meat Sauce

Gravy Baked Pork Chops

Baked Tilapia with Creamy Dill Sauce

Roasted Turkey

Swiss Steak with Hunter Style Gravy

Side Options

Cornbread Stuffing

Seasoned Rice

Baked Sweet Potato

Fresh Steamed Broccoli

Sautéed Yellow Squash

Capri Blend Vegetable

*All Entrees are served with soup or salad
and two side options.*





Desserts

Ice Cream

Fresh Baked Cookies

Apple Pie

Chocolate Fudge Brownie

Pineapple Upside Down Cake

Options Always Offered

Cheeseburger or Hamburger

Hotdog

Grilled Cheese

Vegetable Medley

Green Beans

Applesauce

Baked Potato or Baked Sweet Potato

Mashed Potatoes

